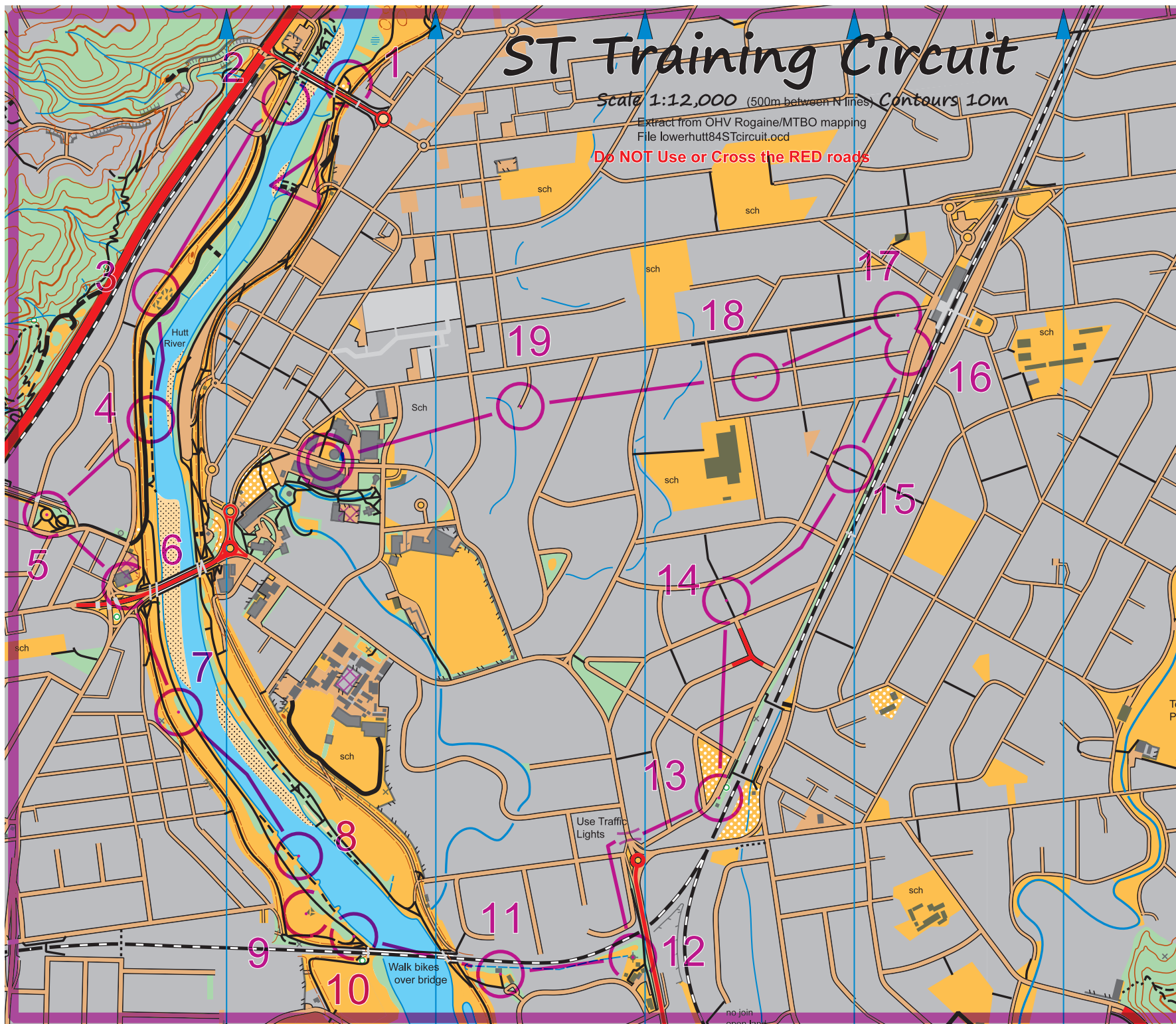


ST Training Circuit

Scale 1:12,000 (500m between N lines) Contours 10m

Extract from OHV Rogaine/MTBO mapping
File lowerhutt84STcircuit.ocd

Do NOT Use or Cross the RED roads



Sharks Teeth Training

Circuit 8.8 km

- | | |
|--|----------------------------------|
| | Corner of carpark |
| 1 | Path (between cabbage trees) |
| ST1 starts at trees with seat | |
| 2 | Track Junction |
| 3 | Western path adjacent rocks |
| 4 | Eastern track (beside river) |
| 5 | Prominent tree |
| ST2 starts at the tree | |
| 6 | South side of large building |
| ST3 starts at the prominent tree | |
| 7 | West side of patch of trees |
| 8 | Point of land |
| 9 | West side of rock pile |
| 10 | Path junction |
| ST4 starts at tree beside river | |
| 11 | Path, North End |
| 12 | Tower |
| Cross Randwick Rd at traffic lights | |
| 13 | 1.5m concrete pillar E side road |
| ST5 starts at the twin trees | |
| 14 | Path |
| 15 | Path |
| 16 | Road junction |
| ST6 starts at the far carpark edge next to the railway | |
| 17 | House #208 (and start cycleway) |
| 18 | House #14 |
| 19 | Road end |
| Finish outside Town Hall entrance | |

800 m